

Rocks

4 Adders

Adders, Britain's only venomous snake, bask in the sun to warm their cold blooded bodies, so can be spotted laying on gritstone rocks.

5 Red deer

Male red deer are called stags and the females are hinds. Their young are called calves and are born with white spots which fade over time.

Moors

3 Curlew

Curlew get their name from the sound of their call, 'curl-oo'. They make their camouflaged nests on the ground between April and July.

6 Heritage

Heritage or archaeology (arc-ee-ology) refers to old things or past events. There is heaps of archaeology on the moors including Guide Stoops, stone pillars directing people across the moors.

2 Cotton Grass

Cotton grass is not a grass, it's a sedge! Their fluffy white fruiting heads which appear in May and June were once used to stuff pillows.

7 Dogs

'Take the Lead in the Peak District' is a campaign thanking people for keeping their dog on a lead near livestock and on paths from March to August when birds are nesting on the ground.

1 Heather

Heather was once used to make brooms. Its scientific name 'Calluna' comes from the Greek word 'kallune' which means 'to clean' or 'to brush'.

8 Grazing

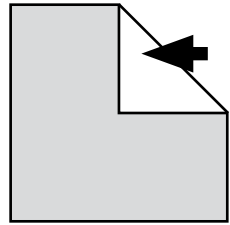
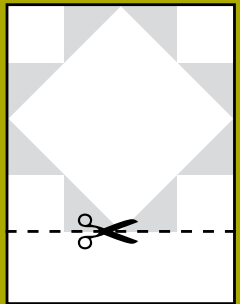
Cattle and sheep graze the moors to stop fast growing plants from taking over. This helps lots of other plants grow too, making the moors a better home for wildlife.

Woods

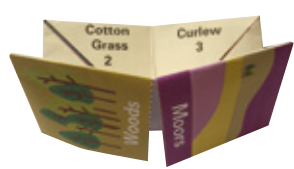


Bogs

To make your Moorland Memory Maker, tear off above and follow the instructions



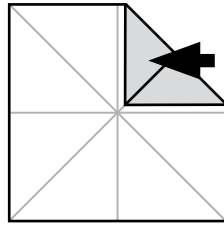
Step 1: With the moorland memory maker facing down, fold up all four corners to meet in the middle.



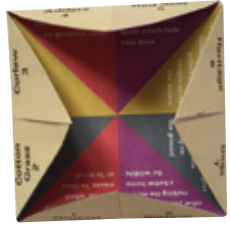
Step 3: Fold in half as shown and then undo and lay flat.
Step 4: Turn it 90 degrees and fold in half again.



Step 5: Place your fingers under the four flaps. Your moorland memory maker is ready to use.



Step 2: Flip the paper over and fold up all four corners into the middle again.





Big Moor Adventure Trail – Follow the map and discover your moorland adventure

DON'T FORGET to collect your token from the car park before you leave. If there are no tokens available collect a little pebble along the way.

Start: Curbar Gap car park

1. Leave the car park through the wooden gate, following the sign for White Edge. When the wall on your left turns sharply left, continue straight on, dropping down the hill to Sandyford Brook.
2. Cross the bridge and continue up the bank ahead.
3. At the finger post turn left towards White Edge. Follow the path approx. 800 meters until you see a trodden path bearing right to the trig point approx. 100 meters ahead.
4. Walk to the trig point then return to the main path the way you came.
5. Cross the main path and drop off White Edge along a raised trodden path.
6. After the dip you will begin to head gently uphill and will join a dry stone wall which you will keep on your left. (Can you find the token drop by the wall?)
7. When the wall turns sharply left, continue straight ahead to Curbar Edge.
8. Turn left along Curbar Edge path following it to the end.
9. Go through the gate, bear left and return to the car park.

Keep this bit!

Eastern Moors

LOTTERY FUNDED

enquiries@easternmoors.org.uk
www.visit-eastern-moors.org.uk

Eastern Moors
easternmoorspartnership
easternmoorsblog
@easternmoors