



Curbar Edge

Photo: © Kim Strawbridge

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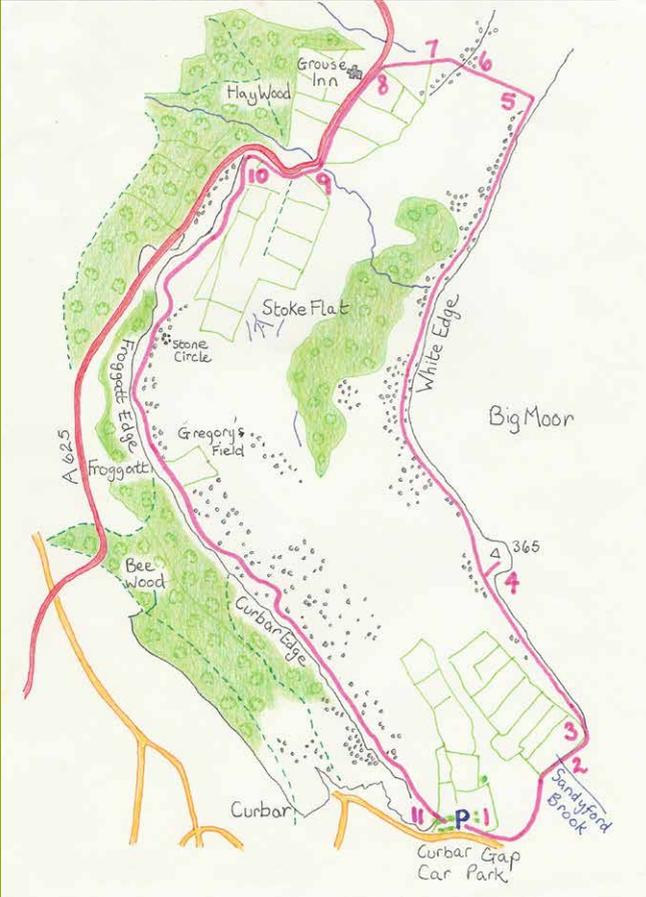
Three Edges Stride

9.5km
(5.9 miles),
3¼ hrs approx

Stride out and absorb the captivating views from the trio of edges, White Edge, Froggatt Edge and Curbar Edge.

Terrain

Short though steep ascent and descent onto and off White Edge with undulating rocky paths in between and along Curbar and Froggatt Edges.



Map: © Celia Birch



LOTTERY FUNDED

Three Edges Stride

Start: Curbar Gap car park

1 ▶ Leave the car park through the wooden gate, following the sign for White Edge. When the wall on your left turns sharply left, continue straight on, dropping down the hill to Sandyford Brook.

2 ▶ Cross the bridge and continue up the bank ahead. **3** ▶ At the finger post turn left towards White Edge. **4** ▶ Follow the path approximately 800 metres until you can see a trodden path bearing right and taking you to White Edge trig point approximately 100 metres ahead. Here you can take a detour to the trig point and look east to where the moorland slopes form a natural amphitheatre, a favourite location for the red deer to perform the annual rut, or breeding rituals in autumn. Return and continue along the main path. After approximately 1.5km, look out for the guide stoop located a few metres into the moor on your right. Guide stoops, tall upright stones, have been used for centuries to guide people across what would have been an inhospitable landscape, from cities to market towns such as Sheffield to Tideswell. **5** ▶ After approximately three kilometers from the trig point, when you are nearing the end of White Edge, you will reach a finger post in a gap in a wall, where you will turn left towards the Grouse Inn. **6** ▶ At the next finger post turn left and continue downhill towards the Grouse Inn. **7** ▶ Go through the field gate and turn right, crossing the field to the road. **8** ▶ Turn left, staying on the verge away from vehicles. Pass the Grouse Inn and continue until you cross a stream just before the bend in the road. **9** ▶ Here leave the road through

the wooden gate on your left. Bear right and right again past a little building. Go through the wooden gate and across the track. Continue along the trodden path as it follows the line of the bend in the road until you reach Froggatt Edge path.

10 ▶ Turn left along Froggatt Edge path. Approximately 200 metres after going through a wooden gate, take a short detour off the path to your left, to look at the embanked bronze-age stone circle which has two opposing entrances, one of which was thought to have been blocked. Continue along Froggatt Edge path which becomes Curbar Edge when you pass Gregory's Field, a newly re-walled field, home to a fungi called wax-caps. **11** ▶ At the end of the edge path go through the gate, bear left and walk past the picnic area on your right, until you reach Curbar Gap car park.

Take the Lead in the Peak District

The Eastern Moors Partnership welcomes responsible dog walkers. Please keep your dog on a lead near livestock and keep to paths from March until August to protect ground nesting birds. Please clean up after your dog, use the bins provided or take it home. Thank you for keeping the Eastern Moors special for people and wildlife.

Contact us

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